



## Paramount 21 Gluten Free Vegan Penang Curry (15x300g)

### Additional Information

Product Code	999348
Product Description	An aromatic gluten free coconut sauce with cauliflower, green beans, mangetout and peppers
Height (mm)	178.0000
Length (mm)	386.0000
Width (mm)	300.0000
Outer EAN 1	5024030008640
Storage Type	Frozen
Brand	Paramount

### Ingredients

Ingredients	Coconut milk (44%) [coconut, water], cauliflower (13%), green beans (13%), mangetout (7%), red peppers (6%), yellow peppers (6%), red curry paste [red chilli, salt, ginger, garlic, lemongrass, paprika, coriander, shallots, lime leaves, cumin, red pepper, yeast extract], demerara sugar, lemongrass puree, water, paprika, modified maize starch, lime leaves.
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## Dietary Information

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Approved for a Halal Diet	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	7.7 g
Carbohydrate of which Sugars per 100g (g)	3.4 g
Fat per 100g (g)	7.5 g
Fat of which Saturates per 100g (g)	6.5 g
Fibre per 100g	2.2 g
Energy per 100g (kcal)	101 kcal
Energy per 100g (kJ)	418 kJ
Protein per 100g (g)	1.8 g
Salt per 100g (g)	0.66 g

### Disclaimer:

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