



## Curly Kale (4x200g)

### Additional Information

|                     |                                                     |
|---------------------|-----------------------------------------------------|
| Product Code        | 337421                                              |
| Product Description | Whole leaf minimal stalk, with the main leaf intact |
| Height (mm)         | 68.0000                                             |
| Length (mm)         | 237.0000                                            |
| Width (mm)          | 305.0000                                            |
| Outer EAN 1         | 5011182007393                                       |
| Storage Type        | Chilled                                             |
| Brand               | Henderson Harvest                                   |

### Ingredients

|             |      |
|-------------|------|
| Ingredients | Kale |
|-------------|------|

### Dietary Information

|                                |     |
|--------------------------------|-----|
| Approved for a Halal Diet      | No  |
| Approved for a Kosher Diet     | No  |
| Suitable for Coeliacs          | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet      | Yes |
| Suitable for a Vegetarian Diet | Yes |

## Allergens

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|           |             |
|-----------|-------------|
| Celery    | May Contain |
| Gluten    | No          |
| Crustacea | No          |
| Egg       | No          |
| Fish      | No          |
| Lupin     | No          |
| Milk      | No          |
| Molluscs  | No          |
| Mustard   | No          |
| Nuts      | No          |
| Peanuts   | No          |
| Sesame    | No          |
| SOYA      | No          |
| Sulphites | No          |

## Nutritional Information

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|                                           |     |
|-------------------------------------------|-----|
| Carbohydrate Per 100g (g)                 | 1.4 |
| Carbohydrate of which Sugars per 100g (g) | 1.3 |
| Fat per 100g (g)                          | 1.6 |
| Fat of which Saturates per 100g (g)       | 0.2 |
| Fibre per 100g                            | 0.9 |
| Energy per 100g (kcal)                    | 33  |
| Energy per 100g (kJ)                      | 140 |
| Protein per 100g (g)                      | 3.4 |
| Salt per 100g (g)                         | 0.1 |

### Disclaimer:

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