



Greens Indian Summer Cuisin' Easy Premium Salad (4x1.25kg)

Additional Information

Product Code	960458
Product Description	Duo salad of quinoa and vegetables in a curry dressing Greens Cuisin' Easy Premium 4 x 1.25 kg
Height (mm)	152.0000
Length (mm)	254.0000
Width (mm)	340.0000
Outer EAN 1	5413408981065
Storage Type	Frozen
Brand	Greens

Ingredients

Ingredients	Vegetables 53% (tomatoes, broad beans peeled, chickpeas, red pepper, yellow pepper, green pepper), red quinoa 15% (water, red quinoa), quinoa 15% (water, quinoa), sauce 12% (madras green curry (garlic, lemongrass, salt, ginger, water, jalapeno pepper, curry powder (curcuma, fenugreek, caraway, ginger, Celery), spices (coriander, pepper, cumin, allspice, nutmeg, fennel), lovage), sunflower oil, coriander, shallot, spring onion, sugar, vinegar, basil (basil, sunflower oil, salt), lemon juice, red chili, lime leaf, pepper, cumin, wakame, citrusfiber), olive oil, white wine vinegar curcuma, salt), pumpkin seeds 5%
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	Yes
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	13 g
Carbohydrate of which Sugars per 100g (g)	1.9 g
Fat per 100g (g)	7.9 g
Fat of which Saturates per 100g (g)	1.4 g
Fibre per 100g	2.8 g
Energy per 100g (kcal)	148 kcal
Energy per 100g (kJ)	622 kJ
Protein per 100g (g)	5.2 g
Salt per 100g (g)	0.94 g

Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

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