



## Colman's OK Fruity Sauce (12x335g)

### Additional Information

Product Code	487895
Product Description	Fruity Sauce with dates, apples and spices. No artificial Colours, Flavourings or Sweeteners. Colman's OK Fruity Sauce is a tangy, fruity sauce that is ideal for use in Chinese cuisine as well as traditional British dishes such as good old ham, egg and chips. It's also great in stir fries, for marinating meat dishes or using as a condiment with all manner of meals – the list is endless
Height (mm)	0.0000
Length (mm)	0.0000
Width (mm)	0.0000
Outer EAN 1	5000118040405
Storage Type	Ambient
Brand	Colman's

### Ingredients

Ingredients	Spirit Vinegar, Date Puree, Sugar, Tomato Paste, Apple Puree, Water, Salt, Modified Corn Starch, Flavourings, Raisins, Malt Extract (Barley), Fruit Juice Concentrates (Orange, Lemon), Citrus Rind Skins (Orange, Lemon), Spices (Onion Powder, Garlic Powder), Citrus Oil (Orange, Lemon)
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	23
Carbohydrate of which Sugars per 100g (g)	19
Fat per 100g (g)	<0.5
Fat of which Saturates per 100g (g)	<0.1
Fibre per 100g	1.3
Energy per 100g (kcal)	99
Energy per 100g (kJ)	422
Protein per 100g (g)	0.7
Salt per 100g (g)	3

### Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

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