



## Country Range Pecan Nuts (6x1kg)

### Additional Information

Product Code	402104
Product Description	Jumbo pecan nut halves. Commonly known due to the famous all American pecan pie, pecans are a great source of Fibre, Vitamin E, Calcium, Iron and Zinc. Pecans are great in salads, trail mixes, baking and even straight from the bag.
Height (mm)	276.0000
Length (mm)	314.0000
Width (mm)	238.0000
Outer EAN 1	5023616402506
Storage Type	Ambient
Brand	Country Range

### Ingredients

Ingredients	Pecan (Nuts)
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### Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	May Contain
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	5.8 g
Carbohydrate of which Sugars per 100g (g)	4.3 g
Fat per 100g (g)	70.1 g
Fat of which Saturates per 100g (g)	5.7 g
Fibre per 100g	4.7 g
Energy per 100g (kcal)	700 kcal
Energy per 100g (kJ)	2886 kJ
Protein per 100g (g)	9.2 g
Salt per 100g (g)	0 g

Disclaimer:

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