



Sykes Seafood IQF Cod Fillets 160-190g (1x4.54kg)

Additional Information

Product Code	996589
Product Description	Frozen Raw Skinless and Boneless IQF Atlantic Cod Fillets. Gross: 200-230g 20% Glaze. Net: 160g - 190g. Pack weight gross: 4.54kg. Pack weight net: 3.63kg. Wild Caught. FAO Area: FAO 21. Catch method: Hooks and lines, Trawls, Gillnets and similar nets.
Height (mm)	124.0000
Length (mm)	310.0000
Width (mm)	400.0000
Outer EAN 1	5025728040362
Storage Type	Frozen
Brand	Sykes Seafood Limited

Ingredients

Ingredients	Cod (Gadus morhua) (Fish)
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	0
Carbohydrate of which Sugars per 100g (g)	0
Fat per 100g (g)	0.6
Fat of which Saturates per 100g (g)	0.16
Fibre per 100g	-
Energy per 100g (kcal)	75
Energy per 100g (kj)	320
Protein per 100g (g)	17.5
Salt per 100g (g)	0.23

Disclaimer:

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