



Central Foods Mediterranean Vegetable Tart 160g (1x12)

Additional Information

Product Code	906647
Product Description	Tomato and pepper filling, topped with red pepper, yellow pepper, courgette and cherry tomatoes, in a golden, parsley-flecked shortcrust case. Individual Tarts. (1 x 12 x 160g). Tart size: diameter 100mm, height 20mm
Height (mm)	124.0000
Length (mm)	250.0000
Width (mm)	244.0000
Outer EAN 1	5060062474060
Storage Type	Frozen
Brand	Central Foods

Ingredients

Ingredients	Fortified Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Red Peppers (13%), Chopped Tomatoes (12%), Yellow Peppers (11%), Courgettes (11%), Cherry Tomatoes (6%), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Acidity Regulators (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Carotenes)), Shortening (Palm Oil, Rapeseed Oil), Onion, Water, Maize Flour, Sun-dried Tomatoes, Rapeseed Oil, Tomato Puree, Basil, Garlic, Dried Parsley, Maize Starch, Sea Salt, Oregano, White Wine Vinegar, Black Pepper.
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	23 g
Carbohydrate of which Sugars per 100g (g)	3.8 g
Fat per 100g (g)	13.4 g
Fat of which Saturates per 100g (g)	5.4 g
Fibre per 100g	1.7 g
Energy per 100g (kcal)	238 kcal
Energy per 100g (kJ)	693 kJ
Protein per 100g (g)	3.7 g
Salt per 100g (g)	0.45 g

Disclaimer:

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