



Baraka Medium Rare Beef Topside (Approx 2-3kg)

Additional Information

Product Code	906654
Product Description	Slow Cooked Beef Topside, seasoned with salt and black pepper
Height (mm)	342.0000
Length (mm)	452.0000
Width (mm)	356.0000
Outer EAN 1	0
Storage Type	Frozen
Brand	Baraka

Ingredients

Ingredients	Beef (99.5%), Sea Salt, Black Pepper
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	0.3
Carbohydrate of which Sugars per 100g (g)	0.1
Fat per 100g (g)	6.3
Fat of which Saturates per 100g (g)	2.6
Fibre per 100g	<0.5
Energy per 100g (kcal)	202
Energy per 100g (kJ)	849
Protein per 100g (g)	36.1
Salt per 100g (g)	0.3

Disclaimer:

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