



## Ready Brek Smooth Porridge Oats Box (6x450g)

### Additional Information

Product Code	568412
Product Description	Central Heating for Everyone! Our super smooth range of kids' porridges are packed with good stuff for healthy bones, teeth and muscles!* All with the taste and texture they'll adore. Original oat cereal fortified with vitamins, iron and calcium. 6 x 450g packets in a case
Height (mm)	236.0000
Length (mm)	380.0000
Width (mm)	168.0000
Outer EAN 1	5010029219517
Storage Type	Ambient
Brand	Ready Brek

### Ingredients

Ingredients	Wholegrain Rolled OATS S (60%), Wholegrain OATS Flour (38%), Calcium, Niacin, Iron, Riboflavin (B2), Vitamin B6, Thiamin (B1), Folic Acid, Vitamin D, Vitamin B12.
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	58 g
Carbohydrate of which Sugars per 100g (g)	1 g
Fat per 100g (g)	8.7 g
Fat of which Saturates per 100g (g)	1.2 g
Fibre per 100g	7.9 g
Energy per 100g (kcal)	374 kcal
Energy per 100g (kJ)	1575 kJ
Protein per 100g (g)	12 g
Salt per 100g (g)	0.03 g

**Disclaimer:**

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

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