



Cirio Sweetcorn (12x326g)

Additional Information

Product Code	582300
Product Description	Cirio bright and big super-sweetcorn kernels are greatly appreciated by Italian restaurant sector. We harvest when the sweet corn is crisp but still sweet, with low level of starches for the best quality, then we transport the crop immediately to the plants and productions takes place in a few hours. The vacuum packed tin is "steam cooked": the corn rich flavour and nutritional properties are preserved with no additives, not even sugar, thanks to its natural sweetness.
Height (mm)	88.0000
Length (mm)	352.0000
Width (mm)	258.0000
Outer EAN 1	8001440318672
Storage Type	Ambient
Brand	Cirio

Ingredients

Ingredients	Sweetcorn, Water, Salt
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	10.9 g
Carbohydrate of which Sugars per 100g (g)	5.2 g
Fat per 100g (g)	1.7 g
Fat of which Saturates per 100g (g)	0.3 g
Fibre per 100g	3.1 g
Energy per 100g (kcal)	76 kcal
Energy per 100g (kJ)	320 kJ
Protein per 100g (g)	2.8 g
Salt per 100g (g)	0.4 g

Disclaimer:

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