



## Marmite Portions (100x8g)

### Additional Information

Product Code	590600
Product Description	Yeast Extract Spread fortified with B vitamins
Height (mm)	88.0000
Length (mm)	216.0000
Width (mm)	168.0000
Outer EAN 1	5014598047229
Storage Type	Ambient
Brand	Marmite

### Ingredients

Ingredients	Yeast Extract (contains Barley, Wheat, Oats, Rye), Salt, Vegetable Juice Concentrate, Vitamins (Thiamin, Riboflavin, Niacin, Vitamin B12 and Folic Acid), Natural Flavouring (contains Celery).
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### Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	Yes
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	30 g
Carbohydrate of which Sugars per 100g (g)	1.2 g
Fat per 100g (g)	0.1 g
Fat of which Saturates per 100g (g)	0.05 g
Fibre per 100g	1.1 g
Energy per 100g (kcal)	260 kcal
Energy per 100g (kJ)	1100 kJ
Protein per 100g (g)	34 g
Salt per 100g (g)	10.8 g

### Disclaimer:

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