



## Country Range Garam Masala (400g)

### Additional Information

|                     |  |
|---------------------|--|
| Product Code        | 762013   |
| Product Description | Garam Masala. A superior blend of coriander, cumin, fennel, ginger, tarragon and other spices, used to enhance flavour of many Indian recipes. |
| Height (mm)         | 196.0000   |
| Length (mm)         | 172.0000   |
| Width (mm)          | 170.0000   |
| Outer EAN 1         | 5023616464801  |
| Storage Type        | Ambient  |
| Brand               | Country Range  |

### Ingredients

|             |  |
|-------------|--|
| Ingredients | Coriander Powder, Cumin Powder, Fennel, Ginger Powder, Clove Powder, Cardamom Seeds, Celery Powder, Tarragon |
|-------------|--|

### Dietary Information

|                                |     |
|--------------------------------|-----|
| Approved for a Halal Diet      | No  |
| Approved for a Kosher Diet     | No  |
| Suitable for Coeliacs          | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet      | Yes |
| Suitable for a Vegetarian Diet | Yes |

Allergens

|           |     |
|-----------|-----|
| Celery    | Yes |
| Gluten    | No  |
| Crustacea | No  |
| Egg       | No  |
| Fish      | No  |
| Lupin     | No  |
| Milk      | No  |
| Molluscs  | No  |
| Mustard   | No  |
| Nuts      | No  |
| Peanuts   | No  |
| Sesame    | No  |
| SOYA      | No  |
| Sulphites | No  |

Nutritional Information

|   |          |
|---|----------|
| Carbohydrate Per 100g (g)                 | 19.3 g   |
| Carbohydrate of which Sugars per 100g (g) | 0.5 g    |
| Fat per 100g (g)                          | 17.1 g   |
| Fat of which Saturates per 100g (g)       | 1.2 g    |
| Fibre per 100g                            | 35.7 g   |
| Energy per 100g (kcal)                    | 314 kcal |
| Energy per 100g (kJ)                      | 1314 kJ  |
| Protein per 100g (g)                      | 12.9 g   |
| Salt per 100g (g)                         | 0.2 g    |

Disclaimer:

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