



## Kara Premium Floured Baps (48x92g)

### Additional Information

Product Code	960908
Product Description	Part of Kara's Ultimate Floured Range, this is a soft white double water-split bread bap dusted with flour and pre-sliced. Size: 5 inches.
Height (mm)	273.0000
Length (mm)	242.0000
Width (mm)	476.0000
Outer EAN 1	5010066115575
Storage Type	Frozen
Brand	Kara

### Ingredients

Ingredients	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472(e)), Flour Treatment Agents: E300, E920
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### Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	May Contain
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	46.6 g
Carbohydrate of which Sugars per 100g (g)	3.8 g
Fat per 100g (g)	1.4 g
Fat of which Saturates per 100g (g)	0.2 g
Fibre per 100g	2.8 g
Energy per 100g (kcal)	238 kcal
Energy per 100g (kJ)	1009 kJ
Protein per 100g (g)	8.6 g
Salt per 100g (g)	0.9 g

### Disclaimer:

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