



Kara Wholemeal Hoagies (54x98g)

Additional Information

Product Code	970241
Product Description	An unsliced wholemeal finger roll, coated with malted wheat grains. Inner Unit Length : 185 mm Inner Unit Height : 45 mm Inner Unit Width : 55 mm
Height (mm)	271.0000
Length (mm)	218.0000
Width (mm)	566.0000
Outer EAN 1	5010066000079
Storage Type	Frozen
Brand	Kara

Ingredients

Ingredients	Wholemeal Wheat Flour, Water, Kibbled Malted Wheat , Salt, Palm Oil, Emulsifiers: Mono- And Diglycerides Of Fatty Acids, Mono- And Di-Acetyltartaric Esters Of Mono- And Diglycerides Of Fatty Acids, Yeast, Preservative: Calcium Propionate, Soya Flour, Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent: Ascorbic Acid
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	Yes
Crustacea	No
Egg	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	May Contain
SOYA	May Contain
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	38.7 g
Carbohydrate of which Sugars per 100g (g)	3.2 g
Fat per 100g (g)	1.3 g
Fat of which Saturates per 100g (g)	0.5 g
Fibre per 100g	7.6 g
Energy per 100g (kcal)	222 kcal
Energy per 100g (kJ)	939 kJ
Protein per 100g (g)	10.1 g
Salt per 100g (g)	0.68 g

Disclaimer:

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