



# Seara Southern Fried Fillet (10x1kg)

#### **Additional Information**

Product Code	972221
Product Description	Frozen breaded southern fried chicken mini fillets. Chicken meat, blended with a brine mix, coated (Predust, Batter and Breader), flash fried, cooked, frozen (IQF) and packed. AVerage weight per fillet: 145g. Average number of pieces per bag: 7.
Height (mm)	286.0000
Length (mm)	400.0000
Width (mm)	340.0000
Outer EAN 1	17894904203823
Storage Type	Frozen
Brand	Seara

### Ingredients

Ingredients	Chicken Meat (63%), Vegetable Oils (Cottonseed and/or Sunflower and/or Rice), Water, Wheat Flour, Breadcrumb (Wheat Flour, Starch, Wheat Gluten, Salt and Yeast), Starch, Spices (Pepper, Garlic, Onion, Celery, Oregano and Fennel), Salt, Modified Starch, Dextrose, Wheat Gluten, Stabilisers (E450i, E451i), Maize Flour, Raising Agents (E500ii, E450i), Natural Flavouring, Yeast Extract, Thickener Agent (E415) and Colouring Agent (E160c).
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### **Dietary Information**

Approved for a Halal Diet	Yes
Suitable for Coeliacs	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

## Allergens

Celery	Yes
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	May Contain
Sulphites	No

#### **Nutritional Information**

Carbohydrate Per 100g (g)	6.2
Carbohydrate of which Sugars per 100g (g)	-
Fat per 100g (g)	5.8
Fat of which Saturates per 100g (g)	2.1
Fibre per 100g	-
Energy per 100g (kcal)	148
Energy per 100g (kJ)	-
Protein per 100g (g)	18
Salt per 100g (g)	1.4

#### Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

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