



# Sidoli Gluten Free Super Flapjack (1x12ptn)

#### **Additional Information**

Product Code	976865
Product Description	An oaty vegan flapjack full of fruity pieces and finished with sweet chocolate pieces and floral cornflower petals in varying proportions. Pre-portioned into 12 bars in a multi-portion tray, packed 1 tray per outer. Product contains gluten free oats.
Height (mm)	42.0000
Length (mm)	342.0000
Width (mm)	216.0000
Outer EAN 1	5015091536524
Storage Type	Frozen
Brand	Sidoli

## Ingredients

Ingredients	Gluten Free Oats, Golden Syrup, Dates, Dried Apricots (Apricot, Rice Flour, Preservative (Sulphur Dioxide)), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Natural Flavouring), Coconut Oil, Brown Sugar, Sultanas, Desiccated Coconut, Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Pecan Nuts, Goji Berries, Pumpkin Seeds, Natural Flavouring, Cornflower Petals
-------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

### **Allergens**

Celery	No
Gluten	No
Crustacea	No
Egg	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	No
Sesame	No
SOYA	Yes
Sulphites	>10mg

#### **Nutritional Information**

Carbohydrate Per 100g (g)	57 g
Carbohydrate of which Sugars per 100g (g)	36 g
Fat per 100g (g)	19.7 g
Fat of which Saturates per 100g (g)	9.8 g
Fibre per 100g	6.4 g
Energy per 100g (kcal)	435 kcal
Energy per 100g (kJ)	1821 kJ
Protein per 100g (g)	4.2 g
Salt per 100g (g)	0.19 g

#### Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

From time to time recipes and/or formulations of products supplied to us by our suppliers are changed and the information we provide may be inaccurate for a period of time until we are notified by the supplier of the changes and are in a position to update the product information contained on this site. We therefore recommend that in all cases you check the product packaging carefully before using or consuming any products, rather than relying solely on any information provided by us on this site. Please also see our terms and conditions.