



## Goodlife Sweet Potato Falafel (90x22g)

### Additional Information

Product Code	987346
Product Description	A spiced blend of sweet potato, carrot, chickpeas and apricot
Height (mm)	114.3000
Length (mm)	190.5000
Width (mm)	309.9000
Outer EAN 1	5030755996070
Storage Type	Frozen
Brand	Goodlife

### Ingredients

Ingredients	Sweet Potato (25%), Carrot, Chickpeas (15%), Onion, Rapeseed Oil, Rice Flour, Apricot, Dried Potato, Tomato Sauce (Water, Sugar, Tomato Puree, Spirit Vinegar, Cornflour, Salt, Cinnamon, Cayenne Pepper) Cumin, Tomato Puree, Garlic Puree (Garlic, Acidity Regulator: (Citric Acid)), Coriander Powder, Salt, Raising Agents: (Sodium Bicarbonate, Calcium Phosphate), Yeast Extract, Stabilisers: (Methyl Cellulose), Coriander Leaf, Lemon Juice From Concentrate, Sugar, Paprika, Chilli Powder, Black Pepper.
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## Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

Carbohydrate Per 100g (g)	19.6
Carbohydrate of which Sugars per 100g (g)	9.6
Fat per 100g (g)	5
Fat of which Saturates per 100g (g)	0.9
Fibre per 100g	7.5
Energy per 100g (kcal)	156
Energy per 100g (kJ)	655
Protein per 100g (g)	4.6
Salt per 100g (g)	0.89

**Disclaimer:**

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