



Goodlife Sweet Potato Falafel (90x22g)

Additional Information

Product Code	987346
Product Description	A spiced blend of sweet potato, carrot, chickpeas and apricot
Height (mm)	114.3000
Length (mm)	190.5000
Width (mm)	309.9000
Outer EAN 1	5030755996070
Storage Type	Frozen
Brand	Goodlife

Ingredients

Ingredients	Sweet Potato (25%), Carrot, Chickpeas (15%), Onion, Rapeseed Oil, Rice Flour, Apricot, Dried Potato, Tomato Sauce (Water, Sugar, Tomato Puree, Spirit Vinegar, Cornflour, Salt, Cinnamon, Cayenne Pepper) Cumin, Tomato Puree, Garlic Puree (Garlic, Acidity Regulator: (Citric Acid)), Coriander Powder, Salt, Raising Agents: (Sodium Bicarbonate, Calcium Phosphate), Yeast Extract, Stabilisers: (Methyl Cellulose), Coriander Leaf, Lemon Juice From Concentrate, Sugar, Paprika, Chilli Powder, Black Pepper.
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	19.6
Carbohydrate of which Sugars per 100g (g)	9.6
Fat per 100g (g)	5
Fat of which Saturates per 100g (g)	0.9
Fibre per 100g	7.5
Energy per 100g (kcal)	156
Energy per 100g (kJ)	655
Protein per 100g (g)	4.6
Salt per 100g (g)	0.89

Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

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