



## La Fresca Guacamole FC (12x1kg)

### Additional Information

|                     |                                |
|---------------------|--------------------------------|
| Product Code        | 999950                         |
| Units per Case      | 12dB                           |
| Product Description | frozen Guacamole additive free |
| Height (mm)         | 136.0000                       |
| Length (mm)         | 516.0000                       |
| Width (mm)          | 288.0000                       |
| Outer EAN 1         | 5018095172095                  |
| Storage Type        | Frozen                         |
| Brand               | La Fresca®                     |

### Ingredients

|             |   |
|-------------|---|
| Ingredients | Avocado (85%), Red Onion, Lime Juice, Water, Red Pepper, Salt, Jalapeno, Coriander, Black Pepper. |
|-------------|---|

### Dietary Information

|                                |     |
|--------------------------------|-----|
| Approved for a Halal Diet      | No  |
| Approved for a Kosher Diet     | No  |
| Suitable for Coeliacs          | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet      | Yes |
| Suitable for a Vegetarian Diet | Yes |

## Allergens

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|           |    |
|-----------|----|
| Celery    | No |
| Gluten    | No |
| Crustacea | No |
| Egg       | No |
| Fish      | No |
| Lupin     | No |
| Milk      | No |
| Molluscs  | No |
| Mustard   | No |
| Nuts      | No |
| Peanuts   | No |
| Sesame    | No |
| SOYA      | No |
| Sulphites | No |

## Nutritional Information

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|   |          |
|---|----------|
| Carbohydrate Per 100g (g)                 | 9.3 g    |
| Carbohydrate of which Sugars per 100g (g) | 1 g      |
| Fat per 100g (g)                          | 16.3 g   |
| Fat of which Saturates per 100g (g)       | 2.7 g    |
| Fibre per 100g                            | 5 g      |
| Energy per 100g (kcal)                    | 192 kcal |
| Energy per 100g (kJ)                      | 803 kJ   |
| Protein per 100g (g)                      | 2 g      |
| Salt per 100g (g)                         | 0.63 g   |

### Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

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