



Harvest Home Corn Flakes (1x7kg)

Additional Information

Product Code	072332
Product Description	A ready to eat breakfast cereal traditionally made from toasted flakes of corn, fortified with vitamins and iron.
Height (mm)	316.0000
Length (mm)	572.0000
Width (mm)	394.0000
Outer EAN 1	7613035723979
Storage Type	Ambient
Brand	Harvest Home

Ingredients

Ingredients	Maize, Sugar, Salt, Barley Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin (B2), Thiamin (B1), Folic Acid, Vitamin D, Vitamin B12
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	<20ppm
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	85.2
Carbohydrate of which Sugars per 100g (g)	6.1
Fat per 100g (g)	1.2
Fat of which Saturates per 100g (g)	0.3
Fibre per 100g	2.5
Energy per 100g (kcal)	387
Energy per 100g (kj)	1641
Protein per 100g (g)	7.7
Salt per 100g (g)	0.59

Disclaimer:

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