



# **Country Range Ground Mixed Spice (4x480g)**

## **Additional Information**

| Product Code        | 110017  |
|---------------------|---|
| Product Description | A rich warming blend of cinnamon, coriander, caraway, ginger, nutmeg, clove, fennel and turmeric for use in savoury cooking and sweet baking. A must at Christmas time. |
| Height (mm)         | 198.0000  |
| Length (mm)         | 176.0000  |
| Width (mm)          | 170.0000  |
| Outer EAN 1         | 5023616462005   |
| Storage Type        | Ambient   |
| Brand               | Country Range   |

## Ingredients

| Ingredients | Cinnamon, Coriander, Caraway, Ginger (4%), Nutmeg (3%), Cloves, Fennel, Turmeric (0.1%). |
|-------------|--|

## **Dietary Information**

| Approved for a Halal Diet      | No  |
|--------------------------------|-----|
| Approved for a Kosher Diet     | No  |
| Suitable for Coeliacs          | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet      | Yes |
| Suitable for a Vegetarian Diet | Yes |

## **Allergens**

| Celery    | No |
|-----------|----|
| Gluten    | No |
| Crustacea | No |
| Egg       | No |
| Fish      | No |
| Lupin     | No |
| Milk      | No |
| Molluscs  | No |
| Mustard   | No |
| Nuts      | No |
| Peanuts   | No |
| Sesame    | No |
| SOYA      | No |
| Sulphites | No |
|           |    |

### **Nutritional Information**

| Carbohydrate Per 100g (g)                 | 21.9 g   |
|---|----------|
| Carbohydrate of which Sugars per 100g (g) | 2 g      |
| Fat per 100g (g)                          | 10.1 g   |
| Fat of which Saturates per 100g (g)       | 1.5 g    |
| Fibre per 100g                            | 44.1 g   |
| Energy per 100g (kcal)                    | 291 kcal |
| Energy per 100g (kJ)                      | 1215 kJ  |
| Protein per 100g (g)                      | 9.4 g    |
| Salt per 100g (g)                         | 0.1 g    |
|   |          |

#### Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

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