



## Country Range Whole Cumin (4x400g)

### Additional Information

Product Code	110028
Product Description	A dry spice seed which fully release its characteristics when dry-roasted or freshly crushed. Ideal for many curry dishes and accompaniments.
Height (mm)	198.0000
Length (mm)	170.0000
Width (mm)	170.0000
Outer EAN 1	5023616463200
Storage Type	Ambient
Brand	Country Range

### Ingredients

Ingredients	Cumin Seed
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### Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	33.7 g
Carbohydrate of which Sugars per 100g (g)	2.3 g
Fat per 100g (g)	22.3 g
Fat of which Saturates per 100g (g)	1.5 g
Fibre per 100g	10.5 g
Energy per 100g (kcal)	375 kcal
Energy per 100g (kJ)	1569 kJ
Protein per 100g (g)	17.8 g
Salt per 100g (g)	0.4 g

### Disclaimer:

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