



## Country Range Dried Basil (4x200g)

### Additional Information

Product Code	110032
Product Description	Dried basil in 200g jars. An essential ingredient in Italian and numerous tomato-based recipes and sauces. Dried basil intensifies the flavour somewhat, so always use less dried basil in your recipes than fresh. Compliments rosemary and oregano to give a balanced flavour in marinades for olives. Great with grilled meats and cheeses like halloumi
Height (mm)	198.0000
Length (mm)	178.0000
Width (mm)	168.0000
Outer EAN 1	5023616463606
Storage Type	Ambient
Brand	Country Range

### Ingredients

Ingredients	Basil
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	10.1 g
Carbohydrate of which Sugars per 100g (g)	1.7 g
Fat per 100g (g)	4.1 g
Fat of which Saturates per 100g (g)	2.2 g
Fibre per 100g	40.5 g
Energy per 100g (kcal)	233 kcal
Energy per 100g (kJ)	975 kJ
Protein per 100g (g)	23 g
Salt per 100g (g)	0.2 g

### Disclaimer:

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