



Tracklements Sticky Fig Relish BD (2x1.4kg)

Additional Information

Product Code	369934
Product Description	We make this relish by soaking figs in spiced vinegar before chopping and gently cooking them with rich dark sugar. The result is a relish which is at once tangy and sweet, perfect for soft cheeses
Height (mm)	172.7000
Length (mm)	186.0000
Width (mm)	106.0000
Outer EAN 1	5019378120703
Storage Type	Ambient
Brand	Tracklements Co.

Ingredients

Ingredients	Figs (42%) (Figs, Rice Flour), Spiced Vinegar (Cider Vinegar, Cloves, Allspice, Black Peppercorns, Cinnamon), Water, Muscovado Sugar, Raw Cane Sugar, Chillies, Cinnamon
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	59.1 g
Carbohydrate of which Sugars per 100g (g)	51.6 g
Fat per 100g (g)	1.4 g
Fat of which Saturates per 100g (g)	0.1 g
Fibre per 100g	3.2 g
Energy per 100g (kcal)	267 kcal
Energy per 100g (kJ)	1130 kJ
Protein per 100g (g)	1.1 g
Salt per 100g (g)	0.06 g

Disclaimer:

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