



Kellogg's Bran Flakes Portion Pack (40x40g)

Additional Information

Product Code	130053
Product Description	Kellogg's Bran Flakes are deliciously crunchy, wholesome flakes made with natural wheat bran fibre. They are also a source of protein and provide 8 essential vitamins and minerals. Naturally high in fibre, so you know that you are making the right choice for your digestive health and the best part is that they are simply delicious.
Height (mm)	262.0000
Length (mm)	372.0000
Width (mm)	180.0000
Outer EAN 1	5050083394157
Storage Type	Ambient
Brand	Kellogg's

Ingredients

Ingredients	Whole Wheat (59%), Wheat Bran (18%), Wholewheat Flour, Sugar, Barley Malt Extract, Glucose Syrup, Salt, Natural Flavouring, Niacin, Iron, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12
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Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	65 g
Carbohydrate of which Sugars per 100g (g)	14 g
Fat per 100g (g)	2.2 g
Fat of which Saturates per 100g (g)	0.4 g
Fibre per 100g	17 g
Energy per 100g (kcal)	358 kcal
Energy per 100g (kJ)	1509 kJ
Protein per 100g (g)	11 g
Salt per 100g (g)	0.66 g

Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

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