



## Kellogg's Bran Flakes (4x500g)

### Additional Information

Product Code	130312
Product Description	Kellogg's Bran Flakes are a delicious way to support your digestive health*. Made with 8 essential vitamins and minerals, a serving of Kellogg's Bran Flakes is an excellent way to start your day. Bran Flakes are naturally high in wheat bran fibre to promote digestive health*, so you know you are making the right choice for breakfast.
Height (mm)	278.0000
Length (mm)	316.0000
Width (mm)	238.0000
Outer EAN 1	5050083478475
Storage Type	Ambient
Brand	Kellogg's

### Ingredients

Ingredients	Wholewheat (59%), Wheat Bran (18%), Wholewheat Flour, Sugar, Barley Malt Extract, Glucose Syrup, Salt, Natural Flavouring, Vitamins & Minerals: Niacin, Iron, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12
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## Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

## Allergens

Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	65 g
Carbohydrate of which Sugars per 100g (g)	14 g
Fat per 100g (g)	2.2 g
Fat of which Saturates per 100g (g)	0.4 g
Fibre per 100g	17 g
Energy per 100g (kcal)	358 kcal
Energy per 100g (kJ)	1509 kJ
Protein per 100g (g)	11 g
Salt per 100g (g)	0.66 g

Disclaimer:

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