



Country Range Mixed Vegetables (10x1kg)

Additional Information

Product Code	970371
Product Description	A ready to cook frozen mix of diced carrots, peas, sweetcorn, cut beans and broad beans. All our vegetables are harvested at their very peak of quality. They are blanched and frozen quickly locking in the nutritional values. Calibrated for quality and size for a consistent product, they can be used straight from frozen with no risk of waste.
Height (mm)	392.0000
Length (mm)	220.0000
Width (mm)	250.0000
Outer EAN 1	5023616364002
Storage Type	Frozen
Brand	Country Range

Ingredients

Ingredients	Diced Carrots (50%), Peas (27%), Sweetcorn (10%), Cut Green Beans (7%), Broad Beans (6%).
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Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	7.4 g
Carbohydrate of which Sugars per 100g (g)	5 g
Fat per 100g (g)	0.2 g
Fat of which Saturates per 100g (g)	0.1 g
Fibre per 100g	3.7 g
Energy per 100g (kcal)	48 kcal
Energy per 100g (kJ)	203 kJ
Protein per 100g (g)	2.3 g
Salt per 100g (g)	0.1 g

Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

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