



# Osprio Bulgur Wheat (4x3kg)

## **Additional Information**

Product Code	012353
Product Description	Parboiled medium cracked Bulgur Wheat
Height (mm)	326.0000
Length (mm)	316.0000
Width (mm)	220.0000
Outer EAN 1	15037604120393
Outer EAW I	15057004120555
Storage Type	Ambient
Brand	Osprio

## Ingredients

Ingredients	Durum WHEAT	

## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## **Allergens**

Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

#### **Nutritional Information**

Carbohydrate Per 100g (g)	77.8 g
Carbohydrate of which Sugars per 100g (g)	1.1 g
Fat per 100g (g)	2 g
Fat of which Saturates per 100g (g)	0.28 g
Fibre per 100g	6.7 g
Energy per 100g (kcal)	357 kcal
Energy per 100g (kJ)	1510 kJ
Protein per 100g (g)	10.6 g
Salt per 100g (g)	0.01 g

#### Disclaimer:

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