



# James H Givan Cooked Gammon (1x9-10kg)

# **Additional Information**

Product Code	034135
Product Description	Cooked gammon, rind on, boneless
Height (mm)	154.0000
Length (mm)	384.0000
Width (mm)	262.0000
Outer EAN 1	5011182993313
Storage Type	Chilled
Brand	JH Givan

# Ingredients

Ingredients	Pork Leg (88%), Water, Salt, Sugar, Stabilisers (E451, E452), Antioxidant E301, Preservative E250
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# **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

### Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

# **Nutritional Information**

Carbohydrate Per 100g (g)	0.1
Carbohydrate of which Sugars per 100g (g)	0.1
Fat per 100g (g)	10.4
Fat of which Saturates per 100g (g)	4
Fibre per 100g	-
Energy per 100g (kcal)	162
Energy per 100g (kJ)	674
Protein per 100g (g)	16.8
Salt per 100g (g)	2.8

#### Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

We do not therefore accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions set out in this information.

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