



Green Split Peas (4x3kg)

Additional Information

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| Product Code | 458744 |
| Product Description | These green split peas are grown specifically for drying. Nutritionally, they are high in protein and fibre, while being low in fat, making them an excellent vegan or vegetarian replacement for meat based dishes. Green split peas have a slightly sweeter taste and most would agree that there is no need to soak them before cooking. |
| Height (mm) | 176.0000 |
| Length (mm) | 390.0000 |
| Width (mm) | 296.0000 |
| Outer EAN 1 | 5021339322934 |
| Storage Type | Ambient |
| Brand | Triple Lion |

Ingredients

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|-------------|------------|
| Ingredients | Green Peas |
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Dietary Information

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| Approved for a Halal Diet | No |
| Approved for a Kosher Diet | No |
| Suitable for Coeliacs | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet | Yes |
| Suitable for a Vegetarian Diet | Yes |

Allergens

| | |
|-----------|----|
| Celery | No |
| Gluten | No |
| Crustacea | No |
| Egg | No |
| Fish | No |
| Lupin | No |
| Milk | No |
| Molluscs | No |
| Mustard | No |
| Nuts | No |
| Peanuts | No |
| Sesame | No |
| SOYA | No |
| Sulphites | No |

Nutritional Information

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|---|----------|
| Carbohydrate Per 100g (g) | 59.7 g |
| Carbohydrate of which Sugars per 100g (g) | 2.9 g |
| Fat per 100g (g) | 3 g |
| Fat of which Saturates per 100g (g) | 0.4 g |
| Fibre per 100g | 14 g |
| Energy per 100g (kcal) | 295 kcal |
| Energy per 100g (kJ) | 1295 kJ |
| Protein per 100g (g) | 21.4 g |
| Salt per 100g (g) | 0.08 g |

Disclaimer:

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