



## Fastnet Fish IQF Atlantic Cod Fillets 170-200g (1x4.54kg)

### Additional Information

Product Code	997749
Product Description	6-7oz Atlantic Cod IQF Fillets, Skinless, Boneless. Catch Area and FAO No FAO No 21.Catch method: Trawl/Line or Seine Caught
Height (mm)	126.0000
Length (mm)	402.0000
Width (mm)	274.0000
Outer EAN 1	5740301153412
Storage Type	Frozen
Brand	Fastnet Fish

### Ingredients

Ingredients	Atlantic Cod (Gadus Morhua) (Fish)
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### Dietary Information

Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

## Allergens

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Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	0
Carbohydrate of which Sugars per 100g (g)	0
Fat per 100g (g)	0.6
Fat of which Saturates per 100g (g)	0.2
Fibre per 100g	0
Energy per 100g (kcal)	75
Energy per 100g (kj)	320
Protein per 100g (g)	17.5
Salt per 100g (g)	0.23

### Disclaimer:

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