



Gem Quinoa (5x1kg)

Additional Information

Product Code	685468
Product Description	White quinoa. Has a light, fluffy texture when cooked, and its mild, slightly nutty flavour makes it an alternative to white rice
Height (mm)	182.0000
Length (mm)	388.0000
Width (mm)	236.0000
Outer EAN 1	5099809130525
Storage Type	Ambient
Brand	Gem

Ingredients

Ingredients	White Quinoa
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Dietary Information

Suitable for Coeliacs	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	May Contain
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	May Contain
Sulphites	May Contain

Nutritional Information

Carbohydrate Per 100g (g)	64.16
Carbohydrate of which Sugars per 100g (g)	0
Fat per 100g (g)	6.07
Fat of which Saturates per 100g (g)	0.7
Fibre per 100g	7
Energy per 100g (kcal)	368
Energy per 100g (kJ)	1540
Protein per 100g (g)	14.12
Salt per 100g (g)	0.01

Disclaimer:

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