



## Whitworth RHM 12% Strong Flour (1x16kg)

### Additional Information

Product Code	630860
Product Description	White to off white wheat flour, bland - no taints, relatively free flowing. RHM 12% flour is a strong flour for bread making.
Height (mm)	104.0000
Length (mm)	592.0000
Width (mm)	356.0000
Outer EAN 1	0
Storage Type	Ambient
Brand	Whitworths

### Ingredients

Ingredients	Wheat Flour, Calcium carbonate, Niacin, Iron, Thiamine.
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### Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	May Contain
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	79.2
Carbohydrate of which Sugars per 100g (g)	0.5
Fat per 100g (g)	1.2
Fat of which Saturates per 100g (g)	0.3
Fibre per 100g	3.1
Energy per 100g (kcal)	353
Energy per 100g (kJ)	1504
Protein per 100g (g)	11.3
Salt per 100g (g)	0.005

### Disclaimer:

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