



# **Love Struck Strawberry Split Smoothie (30x140g)**

#### **Additional Information**

Product Code	978813
Product Description	The simple banana helps to restock muscle glycogen levels and stops muscle breakdown, as well as being a source of potassium, an electrolyte necessary for muscular contraction. Strawberries have a low glycaemic index (GI) and therefore help moderate blood sugar release. 30 x 140g Frozen Smoothie Pouches (Strawberry Split).
Height (mm)	150.0000
Length (mm)	350.0000
Width (mm)	200.0000
Outer EAN 1	5060280580574
Storage Type	Frozen
Brand	Love Struck

### Ingredients

Ingredients	Strawberry, Banana

## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## **Allergens**

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

#### **Nutritional Information**

Carbohydrate Per 100g (g)	13.1 g
Carbohydrate of which Sugars per 100g (g)	12 g
Fat per 100g (g)	0.3 g
Fat of which Saturates per 100g (g)	0 g
Fibre per 100g	2.6 g
Energy per 100g (kcal)	63 kcal
Energy per 100g (kJ)	268 kJ
Protein per 100g (g)	0.8 g
Salt per 100g (g)	0 g
Protein per 100g (g)	0.8 g

#### Disclaimer:

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