



## Gore Hall Cos Lettuce (10x300g)

### Additional Information

Product Code	258044
Product Description	Fresh, whole heads of Romaine Lettuce, wrapped.
Height (mm)	174.0000
Length (mm)	592.0000
Width (mm)	396.0000
Outer EAN 1	0
Storage Type	Chilled
Brand	Henderson Harvest

### Ingredients

Ingredients	Cos Lettuce
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### Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Allergens

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Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

## Nutritional Information

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Carbohydrate Per 100g (g)	1.4
Carbohydrate of which Sugars per 100g (g)	1.4
Fat per 100g (g)	0.1
Fat of which Saturates per 100g (g)	0.03
Fibre per 100g	1.5
Energy per 100g (kcal)	11
Energy per 100g (kj)	48
Protein per 100g (g)	1.2
Salt per 100g (g)	0.0225

### Disclaimer:

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