



## Irwin's Better You Fresh Wholemeal Pan (1x600g)

### Additional Information

Product Code	447898
Product Description	Fresh wholemeal pan baked locally. Only 54 calories. Low in sugar and fat High in fibre. Suitable for vegetarians. Number of slices: 21 (19+2).
Height (mm)	122.0000
Length (mm)	268.0000
Width (mm)	116.0000
Outer EAN 1	5013427011394
Storage Type	Ambient
Brand	Irwins

### Ingredients

Ingredients	Wholemeal Wheat Flour, Water, Yeast, Wheat Gluten, Wheat Fibre, Salt, Vegetable Oils (Rapeseed, Palm), Emulsifiers (E472(e), E481), Soya Flour, Dextrose, Preservative (E282), Flour Treatment Agent (E300)
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### Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Allergens

Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	Yes
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	43.3
Carbohydrate of which Sugars per 100g (g)	2.5
Fat per 100g (g)	2.5
Fat of which Saturates per 100g (g)	0.9
Fibre per 100g	7.2
Energy per 100g (kcal)	188
Energy per 100g (kJ)	800
Protein per 100g (g)	10
Salt per 100g (g)	0.9

Disclaimer:

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