



Kara MK4 High Fibre Bun (4x12)

Additional Information

Product Code	991886
Product Description	A soft white bread bun with added wheat fibre. Contains the same fibre as a brown bun. Ideal for the education sector. Each bun: 50g +/- 5g
Height (mm)	75.0000
Length (mm)	160.0000
Width (mm)	121.0000
Outer EAN 1	0
Storage Type	Frozen
Brand	Kara

Ingredients

Ingredients	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Wheat Fibre, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E472e, E471), Wheat Gluten, Flour Treatment Agents (E300, E920)
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Allergens

Celery	No
Gluten	Yes
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	May Contain
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	45.9 g
Carbohydrate of which Sugars per 100g (g)	3.2 g
Fat per 100g (g)	1.5 g
Fat of which Saturates per 100g (g)	0.3 g
Fibre per 100g	6 g
Energy per 100g (kcal)	241 kcal
Energy per 100g (kJ)	1020 kJ
Protein per 100g (g)	8 g
Salt per 100g (g)	0.99 g

Disclaimer:

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