Rosie & Jim Gluten Free Breaded Chicken Goujons (6x1kg)

Additional Information

Product Code	987337
Product Description	Portioned breast fillet, coated in crispy golden breadcrumbs average 25x40g per bag. This product is gluten free (less than 20ppm gluten) and is suitable for coeliacs.
Height (mm)	184.0000
Length (mm)	402.0000
Width (mm)	240.0000
Outer EAN 1	5391312001966
Storage Type	Frozen
Brand	Rosie and Jim

Ingredients

Ingredients	Chicken Breast Fillet (66%), Water, Rapeseed Oil, Rice Flour, Gram Flour, Potato Starch, Rice Starch, Salt, Maize Starch, Potato Protein, Emulsifier: Xanthan Gum, Dextrose, Acidity Regulator: Sodium Carbonates.

Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

Allergens

Celery	No
Gluten	No
Crustacea	No
Egg	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
SOYA	No
Sulphites	No

Nutritional Information

Carbohydrate Per 100g (g)	11 g
Carbohydrate of which Sugars per 100g (g)	0.1 g
Fat per 100g (g)	9.9 g
Fat of which Saturates per 100g (g)	1.1 g
Fibre per 100g	0.5 g
Energy per 100g (kcal)	218 kcal
Energy per 100g (kJ)	913 kJ
Protein per 100g (g)	21 g
Salt per 100g (g)	0.73 g

Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products and any such information we provide is therefore reliant on the accuracy and completeness of information provided to us by our suppliers.

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